Real e Benemérita Associação Portuguesa de Beneficência
HOSPITAL SÃO JOAQUIM

Declarada de Utilidade Pública
Decreto Federal 46.916, de 29.09.59
Decreto Federal s/n.º, de 08.08.94
Decreto Estadual 34.929, de 09.05.59
Decreto Municipal 5.036, 11.01.61

Rua Maestro Cardim, 769 - São Paulo

São Paulo, 10th june 2009

IBRA Short Term Fellowship Report

Short Term Fellow: Dr Evan Argintar
Original Institution: Georgetown University, Washington DC, USA
IBRA Institution: São Paulo Hand Center – Benef. Portuguesa- SP – Brazil
Fellowship Director: Dr Gustavo Mantovani
Institution Chairman: Dr Waldo Lino Jr.
Period of Fellowship: 4 weeks (27th April- 22ndMay 2009)
Estimated hours spent in fellowship activities: 210 hours

Letter from Fellowship Director:

"I hereby declare that Dr Evan Argintar, complete the 4 weeks program of training in Hand Surgery, in our institution, under my supervision.
This short term fellowship started at 27th april and ended at 22nd may of this year, and was supported by IBRA, Switzerland.
Dr Evan Argintar fulfilled all the proposed requests and expectations, with a remarkable participation in all the activities during his stage.
This period of training included 44 surgical procedures according table 1. More than 300 patients were assisted in outpatients consults with about 37 non-surgical procedures.
Scientific activities during this fellowship produced 1 new paper related to distal radius fractures management and helped to finish 1 paper related to four corner fusion, both of them submitted for international publication.
The final balance of this first educational experience was extremely positive, and we look forward to have more nationals and internationals fellows with the qualities of Dr Evan Argintar in the future, under the important support of IBRA institute.

Dr.Gustavo Mantovani Ruggiero"

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Summary of Surgeries:

- **19 Miscellaneous**
- **10 Trauma/Fractures**
- **6 Arthroplasties**
- **4 Arthroscopies**
- **3 Carpal Tunnel**
- **2 Reconstructive Microsurgeries**

Papers produced or finalized during the fellowship period:

1-Open TFCC Reattachment in the Setting of Clinical DRUJ Instability Following Distal Radius Fracture Fixation: A New Technique

2- Four Corner Arthrodesis Using Dorsal Circular Plate with Center Restricted Fusion and Scaphoid One-piece Graft : 20 Patients Series.

Table 1 – Surgeries during the fellowship period

N	Initials	Surgery	Diagnosis
1	LC	Ray Amputation	Squamous Cell Cancer
2	EM	Wrist scope (WS)	TFC lesion
3	AW	ORIF 5th MC	Malunion MC Fx
4	AS	TKA	Knee Artrhitis
5	KL	WS	Synovitis and ganglion
6	NS	Carpal Tunnel Release (CTR)	CTS
7	AM	Ex Fix / I&D	Tibia infection
8	WA	ORIF Distal Rad (DR)	DRF
9	NS	ORIF patella	Patella Fx
10	EC	Removal Foreign Body	Foreign Body on the Hand
11	CM	ORIF MTC x 2	MTC Fx
12	MM	CTR & CMC Arthoplasty	CTS and Thumb CMC Arthritis
13	AM	I&D	Tibia Infection
14	OT	Radial Head replacement	Elbow Fx-Dislocation
15	CM	Forearm osteotomy	Forearm Malunion
16	CF	ORIF DR	DRF
17	ZC	ORIF Prox Hum	Humerus Fx

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18	VF	Knee scope	Meniscal Tear
19	EC	ORIF DR	DRF
20	ES	Rem of Hardware (ROH)	PO DRF Volar plate
21	AM	I&D	Tibia Infection
22	TM	CTR & trigger	CTS and trigger finger
23	RO	ORIF scaphoid, SL, LT	Wrist dislocation
24	TP	ORIF DR	DRF
25	AD	Nerves transfers	Brachial Plexus Injury
26	MC	ORIF MC	MC Fx
27	TL	THA	Hip Arthritis
28	CM	CMC Aplasty, WS	Thumb CMC Arthritis
29	MC	PRP for Tennis elbow	Tennis Elbow
30	MM	ORIF DR, LT	Perilunate dislocation
31	AM	I&D	Tibia Infection
32	AM	Rem Foreign body	Foreign Body on hand
33	DG	CTR	CTS
34	DR	CMC Aplasty, lunate decomp	Thumb CMC arthritis + Kiembock
35	JC	Rem Foreign body	Foreign Body wrist
36	ES	WS	TFC lesion
37	MC	Wrist fusion	Wrist pos traumatic arthritis
38	EN	I&D elbow	Elbow infection
39	MR	Glomus tumor excision	Glomus Tumor
40	AM	I&D	Tibia infection
41	CF	4 corner fusion	SNAC
42	LD	toe to finger transplant	Late thumb amputation
43	JS	PRP Forearm non-union	Forearm Non-union
44	AM	Ligament reattachment	DRUJ instability

Non-surgicals procedures during the fellowship period:

Wrist Injections: 5
Thumb CMC injections: 6
Trigger Finger Percutaneus Releases: 3
Dressings, cleanings, casts,...: 23

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Fellow Personal Report:

"June 9, 2009

To whom it may concern,

As the first international IBRA fellow trained at Benificencia Portuguesa Hospital, in Sao Paulo, Brazil, my experience was extraordinary. Dr. Gustavo Mantovani Ruggiero's commitment to my education and his devotion to my well-being was only rivaled by the wealth of orthopedic knowledge that I gained while on rotation in Brazil. Of the nearly 45 cases performed, nearly 80% dealt with upper extremity. Of these, roughly 30% were trauma surgeries. For many reasons, these cases provided for me a unique experience that could not have been obtained in my native country. I am happy to say that I have brought home an arsenal of surgical techniques that will serve me well in orthopedic practice. Furthermore, my insight to international health is now much expanded. Through health care system comparison, I am now better able appreciate both the advantages and disadvantages of private and public systems. My experience In Brazil was excellent, and I strongly recommend the IBRA fellowship with Dr. Mantovani. I now look forward to continuing orthopedics, with an eye towards international service, and I hope one day I may also contribute to IBRA in a meaningful way.

Sincerely,

Evan Arginar, M.D."